



Self Determination Program

Kern Regional Center

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www.kernrc.org

- **Freedom**
- **Authority**
- **Support**
- **Responsibility**
- **Confirmation**

What is the Self Determination Program

The Self-Determination Program is a new service delivery system that is a voluntary alternative to the traditional way of providing regional center services. Participants in SDP will have more control over selecting their services and supports. Consumers and families will be provided with a budget based on the previous year's history of funding for services. The budget allows for participants to purchase the services and support they need.

"Self Determination helps me stay independent in a home I own by being able to pick and hire support staff to help me."

MIKE

An SDP Participant

SDP VS. Traditional Center Services

In the Self-Determination Program, consumers and families have more flexibility in choosing services, supports, and providers. Stakeholders can buy different services from almost anyone in the community instead of strictly those who have contracts with the regional center. Under the traditional model, KRC's Service Coordinators help consumers and families find the services needed. In SDP, consumers and families decide who they want to purchase services from as well as who helps them find those services.

Self Determination Program Eligibility Requirements

TO PARTICIPATE:

- Be a regional center consumer
- Attend an orientation to the Self Determination Program
- Use Self-Determined Program funds only when generic services are not available
- Only purchase services necessary to implement the Individual Program Plan (IPP)
- Manage services and supports within an individual budget on an annual basis
- Use a Financial Management Service (FMS) provider