

## SELF-DETERMINATION ADVISORY COMMITTEE (SDAC) MEETINGS



The Department of Developmental Services is developing a new program, called the Self-Determination Program that will let

participants have more control over selecting their services and supports. One of the ways this can be done is by giving participants (or their parents or legal representatives) a specific budget to purchase the services and supports that they need to make their person-centered plan work better for them.

Participants may choose their services and pick which providers deliver those services. Participants are responsible for staying within their annual budget.

**Do you want to know more? Join us at our next meeting for important information, status updates and supports!**

**VOLUNTEER**

Currently, the **Kern Regional Center** and the **State Council on Developmental Disabilities** has vacant seats for representatives in Kern, Inyo and Mono counties.

Want to apply?

Please visit

<https://scdd.ca.gov/ssdac/local-self-determination-advisory-committees/>

and click Join Local SDAC at the top of the page!

### **NEXT MEETING 2019:**

December 9, 2019  
Kern Regional Center,  
Malibu Room  
3200 N Sillect Ave  
Bakersfield, CA 93308

**\*Please check the agenda on the website for call-in information.**



## The Self-Determination Program

is based on beliefs that people

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- Plan their own lives and make their own decisions
- Determine how funding is spent for their services and supports
- Plan and choose their own formal and informal supports
- Take responsibility for the decisions made
- Validate those decisions through maintaining ongoing control

# FREEDOM OF CHOICE

The five principles of self-determination are

S - C - A - R - F

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- **S**upport, including the ability to arrange resources and personnel, which will allow flexibility to live in the community of their choice;
- **C**onfirmation, in making decisions in their own lives by designing and operating the service that they rely on.
- **A**uthority to control a budget in order to purchase services and supports of their choosing;
- **R**esponsibility, which includes the opportunity to take responsibility for making decisions in their own lives and accept a valued role in their community, and,
- **F**reedom to exercise the same rights as all citizens; to establish, with freely chosen supports, family and friends, where they want to live, with whom they want to live, how their time will be occupied, and who supports them;

For more Information

Please visit the following websites:

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- **Detailed information about this program**, please go directly to the DDS website at <http://www.dds.ca.gov/sdp/>
- **Updates on the status of the program**, please go to the DDS website at <http://www.dds.ca.gov/sdp/sdpupdates.cfm>.
- **Regional meeting information**, please visit: Kern Regional Center at <https://www.kernrc.org/self-determination-advisory-committ>
- **Statewide meeting information**, please visit: State Council on Developmental Disabilities at <https://scdd.ca.gov/ssdac/>
- **Advocacy Information**, please visit: Disability Voices United at <http://www.disabilityvoicesunited.org/1/>
- **Disability Rights Information**, please visit: Disability Rights of California at <https://www.disabilityrightscalifornia.org/>