



KERN REGIONAL CENTER

Resources & Information for Individuals/Families during COVID 19

Public Health

- **My Turn website:** <https://myturn.ca.gov/>
- **California for All:** <https://covid19.ca.gov/>
- **CDC COVID19:**
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>
- **Kern County Public Health:** <https://kernpublichealth.com/coronavirus-vaccine/>
- **COVID-19:** <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Covid19Vaccines.aspx>
- **Department of Developmental Services:** <https://www.dds.ca.gov/corona-virus-information-and-resources/vaccine-testing/>
- **Department of Human Services:** <https://www.kcdhs.org/>
Lobbies are currently closed to the public; however, we will continue to provide restricted in-person homeless assistance services only between the hours of 7:30 AM to 1:00 PM. Applications for benefits may be made online by visiting the online application website at www.c4yourself.com.

Applications for CalFresh may be made by phone at (661) 631-6062.

Applications for Medi-Cal benefits can be made by calling 1-800-300-1506.

If you suspect child abuse or neglect, please call the 24 hour Child Abuse Hotline at (661) 631-6011 (Countywide) or (760) 375-6049 in Ridgecrest. Reports for child abuse can be made at any time. For more information, please call (661) 631-6000 or visit our website at www.kcdhs.org.

- **A Guide to COVID-19 and Early Childhood Development:**
https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/?utm_source=newsletter&utm_medium=email&utm_campaign=april2020
- **COVID-19 Guidance for Immigrant Californians:**
https://covid19.ca.gov/img/wp/listos_covid_19_immigrant_guidance_en_daf.pdf
- **Kern County Latino COVID-19 Task force:** <https://kchcc.org/taskforce/>
Free COVID-19 testing & Vaccination. Project Abuelita Mon-Friday 9am-5pm

Access to free Community Programs 661-525-5900.

- **United Farm Workers:** <https://ufw.org/>
Advocacy and COVID 19 assistance. 661-525-5900

Cash Assistance

- **Cash Assistance for Immigrants (CAPI):** <https://www.kcdhs.org/services/apply-for-benefits/cash-assistance-for-immigrants-capi-updated>
Cash Assistance for Immigrants (CAPI) provides cash assistance to certain aged, blind, and disabled legal non-citizens ineligible for Supplemental Social Security Income/State Supplemental Payment (SSI/SSP) due to their immigration status. CAPI participants may be eligible for Medi-Cal, In-Home Supportive Services (IHSS), and/or CalFresh benefits. To apply for CAPI please call or visit any of the offices below Monday through Friday 7:30 a.m. - 4:00 p.m. You may apply in person - at any Kern County Department of Human Services offices in Bakersfield or districts.
By phone - via public line (661) 631-6000 or CAT line (877) 410-8812
By mail - Kern County DHS P.O. Box 511 Bakersfield, CA 93302 or any district office
By fax - (661) 631-6573

Protective Services

- **Kern County Aging and Adult Services:**
<https://www.kerncounty.com/government/aging-adult-services>
Meals on Wheels deliveries will continue as normally scheduled.
Senior Centers will be closed to protect our most vulnerable population from community spread. However, you can still reserve a meal for pick up if you make a reservation.
Aging and Adult Services will have minimal staffing for Adult Protective Services, In Home Supportive Services, and Conservatorship.
- **Kern Behavioral Health & Recovery Services:** <https://www.kernbhhs.org/>
Crisis Hotline services will be uninterrupted and are available 24/7 at 800-991-5272. All clinics will remain open with minimal staffing and the mobile evaluation team will be operational.
- **Kern County Child Protective Services:** <https://www.kcdhs.org/services/child-protective-services>
Child abuse is physical injury inflicted non-accidentally on a child by a parent, Guardian or other adult. Child neglect is any mistreatment that threatens the child's health, safety or welfare. Child sexual exploitation (CSE) is a form of sexual abuse that involves the manipulation and/or coercion of young people under the age of 18 into sexual activity.
- **Kern County Adult Protective Services:**
<https://www.kerncounty.com/government/aging-adult-services/services/adult-protective-services-aps>
Information on scams targeting elder and dependent adults
Investigation of suspected abuse and/or neglect of elder and dependent adults
Investigation of protection issues and analysis of the level of risk to victim
Case management services to those accepting assistance

Tangible services such as emergency food, clothing and assistance in finding appropriate shelter

Coordination of services through multidisciplinary teams providing collaborative services through community agencies and resources

Note: APS does not investigate suspected abuse in long-term care (LTC) settings. For suspected abuse in LTC settings, contact the LTC Ombudsman at (661) 323-7884.

- **Kern Long Term Care Ombudsman:** <https://www.kernlongtermcare.com>
As mandated by the Older Americans Act, the mission of the Long-Term Care Ombudsman program is to seek resolution of problems and advocate for the rights of residents of long-term care facilities with the goal of enhancing the quality of life and care of residents. Kern County Long Term Care Ombudsman Program
Phone: (661) 323-7884 Fax: (661) 716-1060.
- **Kern In-Home Support Services:** <https://www.kerncounty.com/government/aging-adult-services/services/in-home-supportive-services>
(IHSS) program provides services to assist eligible aged or blind persons or persons with disabilities who are unable to remain safely in their own homes without this assistance. IHSS is an alternative to out-of-home care, such as nursing homes or board and care facilities. Recipients must be eligible for or receiving Medi-Cal. The types of services which may be authorized through IHSS include: Domestic and related services such as housecleaning, meal preparation and clean-up, laundry, and grocery shopping Personal care services such as feeding, bowel and bladder care, bathing, grooming, dressing, mobility and transfer assistance, and paramedical care Protective supervision Ancillary services consisting of accompaniment to medical appointments, fittings of health-related devices, or sites where alternate resources provide care in lieu of HIS. Questions? Contact CDSS IHSS Help Line (866) 376-7066
- **Kern Alliance against Family violence:** <https://kernalliance.org/>
The Alliance hotline is a confidential non-judgmental support service where staff and volunteers are available to provide emotional support, advocacy, information and referrals. If you or someone you care about has been a victim of sexual assault, domestic violence or stalking, please call our 24- hour crisis line. Toll Free: (800) 273-7713 LGBTQ Hotline: (661) 322-2869 24-Hour Crisis Hotline: (661) 327-1091
- **Mono County Child Welfare Services:** <https://monocounty.ca.gov/social-services/page/child-welfare-services>
(CWS) is committed to excellence in the delivery of culturally competent, family-centered and child-focused protective services. If you suspect a child is being abused or neglected, or if you are a child who is being maltreated, contact your local child protective services office or law enforcement agency so professionals can assess the situation. CWS investigates reports of suspected child abuse and neglect and intervenes with families who do not meet the minimum community standards of health and safety as required by law.
- **Mono County Adult Protective Services:** <https://monocounty.ca.gov/social-services/page/adult-services-0>

The Adult Protective Services Program (APS) provides services to correct and prevent conditions causing dependent or elder adults to be abused, neglected, or exploited. APS is designed to serve elders and dependent adults unable to protect their own interests or to care for themselves.

- **Inyo County Child/Elder Abuse:** <https://www.inyocounty.us/services/health-human-services/aging-social-services/report-childelder-abuse>

If you suspect that a child's health or safety is jeopardized due to abuse or neglect by parents or other caretaker who has custody of the child, call (760) 872-1727. Report 24 hours per day, 7 days per week. If you suspect that an elder or dependent adult's health or safety is jeopardized due to abuse or neglect, report using the below phone numbers: Mon-Fri 8:00am to 5:00pm (760) 873-6364 After hours (760) 872-1727. Report 24 hours per day, 7 days per week.

If you suspect elder abuse in a facility, call the LTCOP at (760) 872-4128, or call the State's 24- Hour Crisis Line at 1-800-231-4024.

Miscellaneous

- **2-1-1 Kern County:** <https://www.211kerncounty.org/>

Clicking on any of the icons below (on the website) will provide numerous resources under that category. **Excellent information!!**



Crisis Services



Legal Assistance



Substance Abuse



Mental Health



Animals



Children & Families



Education



Food



Government



Health Care



Housing



Income & Employment



Personal Needs



Seniors & Older Adults



Transportation



Utilities



Veteran & Military Services

- **United Way of Kern:** <https://uwkern.org/>
- **Friends of Children with Special Needs (FCSN):** <http://fcsn1996.org/>
- **Family Resource Centers Network of California (FRCNCA):** <http://www.frcnca.org/>

- **Catholic Charities:** www.catholiccharitiesusa.org/our-vision-and-ministry/nutrition-services-food-assistance-programs-ccusa/
For more information about our diaper and baby food / formula programs, please call us at (661) 281-2130.

Food Security

- **CalFresh Food Benefits:** <https://www.getcalfresh.org/>
CalFresh food benefits are available to individuals and families who have been impacted by COVID-19. CalFresh provides monthly food benefits based on household income and expenses at the time of application. Even if temporary, individuals and families who have experienced a change in their circumstances may apply for CalFresh through one of California's 58 counties. Californian's can visit to apply or call 1-877-847-3663 (FOOD) to be connected to their local county social service office.
- Emergency Food <http://www.cafoodbanks.org/find-food-bank>
- P-EBT materials: <https://www.cdss.ca.gov/home/pandemic-ebt>
- **Golden Empire Gleaners:** <https://www.goldenempiregleaners.com/>
- **Kern County Food Bank, Inc:** <https://www.capk.org/programs/food-bank/>

Housing & Utilities Information:

- **California's COVID-19 Rent Relief:** https://housing.ca.gov/covid_rr/
Whether it's a health-related event or a significant financial hardship, COVID-19 has affected us all. As our state continues to recover, we are committed to keeping families housed and recognize that California renters and landlords have enough to worry about. We want to make sure that past due rent isn't one of them.

CA COVID-19 Rent Relief will help income-eligible households pay rent and utilities, both for past due and future payments. The federal Consolidated Appropriations Act of 2021 provides funding to support the program and tenant (renter) protection laws signed by Governor Newsom.
- **Eviction Information:** <https://caanet.org/governor-issues-executive-order-on-covid-19-and-evictions/>
- **Rent and Utility Assistance Program:** <http://kernha2016.iescentral.com/menus/rent-and-utility-assistance-program.html>
Authority of the County of Kern is now accepting applications for the Rent and Utility Assistance Program. If you are a renter and were impacted financially by COVID-19 you may be eligible to receive short-term assistance for rent and/or utility costs. Help with rent and utilities is now available if you meet the following requirements:

1. At least one member of your household qualifies for unemployment or has experienced a reduction in household income, incurred significant costs, or experienced a financial hardship due to COVID-19.
2. Demonstrate a risk of experiencing homelessness or housing instability; and
3. Have a household income at or below 80 percent of the area median; and
4. Are a renter in the City of Bakersfield or Kern County

- **CA Local Partner Network Resources:**

https://housing.ca.gov/covid_rr/partner_resources.html

Kern County: Jakara Movement: 559-647-4700 Self Help Enterprises: 559-802-1630

Inyo County: Inyo Mono Advocates for Community Action Inc.:760-873-8557

Mono County: Inyo Mono Advocates for Community Action Inc.: 760-873-8557

- **Energy Program:** <http://www.capk.org/programs/energy/>
CAPK's Energy Program assists income-eligible residents with utility bill payments, free weatherization, and energy education, at no cost to the participants. Services include weather stripping; repair or replacement of windows and doors, heating/cooling appliances, stoves, and refrigerators; and more. <https://housing.ca.gov/>
- **Section 8:** <https://www.applysectioneight.com/>
The Section 8 programs available in your state are provided to help individuals and families afford safe and sanitary housing. These services are funded on a federal level by the US Department of Housing and Urban Development (HUD). At the state level, Section 8 is managed by public housing authorities. These PHAs provide Section 8 services including the Housing Choice Voucher program and project-based housing. A limited number of PHAs in several states also offer the Family Self Sufficiency (FSS) program.
- **Housing Authority of the County of Kern:** <https://www.kernha.org/>
The Housing Authority of the County of Kern has launched its new Rent and Utility Assistance Program 661-578-5339.

Financial

- **IRS-Economic Impact Payment Information Center:**
<https://www.irs.gov/coronavirus/economic-impact-payment-information-center>
For the latest updates on coronavirus tax relief.
We're reviewing the tax provisions of the American Rescue Plan Act of 2021, signed into law on March 11, 2021.
- **IRS-Get My Payment:** <https://www.irs.gov/coronavirus/get-my-payment>
IRS is issuing the third payments in phases.
Find when and how we sent your third Economic Impact Payment with the Get My Payment application. Get My Payment updates once a day, usually overnight.

- **Pandemic Unemployment Assistance:** https://www.edd.ca.gov/about_edd/coronavirus-2019/pandemic-unemployment-assistance.htm

Pandemic Unemployment Assistance (PUA) is part of the federal assistance that helps unemployed Californians who are not usually eligible for regular Unemployment Insurance (UI) benefits. This includes business owners, self-employed workers, independent contractors, and those with a limited work history who are out of business or have significantly reduced their services as a direct result of the pandemic.

The federal government has approved an extension of PUA benefits. With the new extension, PUA includes up to 86 weeks of benefits, beginning February 2, 2020. The date you can start collecting these benefits depends on when you were directly affected by COVID-19 and the date you filed your PUA claim.

- **Social Security Administration:** <https://www.ssa.gov/>