

## ***Positive Reputation***

A method to help us learn more about what is important to a person and how to support them while organizing a positive description.

Oftentimes, the individuals that use regional center services can be defined by their challenging behaviors and/or their disabilities.

Would you want to only be known by your most challenging behaviors or disabilities? It's important that we see "behaviors" as communication – not something that only has to be "dealt with."

Think about yourself – your positives and what you consider your mild negatives. How would you like for people that know you best (your family, friends, co-workers, etc) to introduce you? How would they reframe some of your mild negatives? What strengths do they admire in you?

