

What Parents Are Saying —

Our Family Resource Center helped us adjust to our unexpected circumstances and has provided us with many resources for our daughter and for our family. Everyone in the community benefits when special needs families are cared for.

— S.R. & L.R.

We appreciate the Family Resource Network for what you're doing for us families of kiddos with special needs! You gave us a safe space to learn and grow for J's formative years and we will always appreciate you for that!

— H.B.

Remembering back when my own son was newly diagnosed as having a disability, I was overwhelmed by all that I needed to learn. The professionals were all helpful and caring, but it was the parents of children with special needs at the Family Resource Center that helped me with the healing I needed at that time.

— N.P.

**Early Start Family Resource Centers
MAKE A DIFFERENCE!**

Early Start Family Resource Centers serve families and collaborate with professionals in every community across the state.



SCAN ME

You can find more information about Early Start Family Resource Centers on the Family Resource Centers Network of California website at www.frcnca.org, or email info@frcnca.org

Services from Early Start Family Resource Centers are provided at no cost. To find the Family Resource Center nearest to you, call 800-515-BABY (2229), visit <https://frcnca.org/get-connected>, or email earlystart@dds.ca.gov



SCAN ME

DDS Department of Developmental Services



**CALIFORNIA
EARLY
START**



California Early Start Family Resource Centers

Serving families with children,
birth-36 months, who have a
developmental delay or disability

Early Start

Family Resource Centers

An Early Start Family Resource Center (FRC) is a place where families of children ages birth to 36 months who have special developmental needs, and the professionals who work with them, can access information, support, and referral services.

FRC staff are parents of children with special developmental needs and have training and expertise in family support. They know the value of parent-to-parent support because they have experienced it themselves for their own families.



What do Early Start FRCs do?

- Provide a family-friendly atmosphere
- Respond to the individual needs of families
- Provide culturally responsive services
- Assist parents, families, primary caregivers, and professionals in locating, accessing, and navigating services
- Promote parent-professional collaboration

What do Early Start FRCs provide?

- Parent-to-parent and family support in many languages
- Information and referral to local, state, and national services and resources
- Parent training and education
- Resource libraries
- Support groups
- Community outreach activities
- Transition assistance when your child turns 3 years old
- Parent leadership and advocacy training



Who do Early Start FRCs partner with?

Early Start Family Resource Centers often work closely with other community agencies who serve infants and toddlers and their families. Your local FRC may partner with:

- Child care resource and referral (R&R) networks
- County mental health agencies
- Disability Rights California
- Family Voices of CA
- First 5 county commissions
- Help Me Grow systems
- Public health agencies
- Public libraries
- Regional centers
- School districts and county offices of education
- State and local advisory councils
- State preschools
- ...and more!