



Client Advisory Committee (CAC) Meeting Agenda

January 24, 2025, 3:00 PM to 5:00 PM

Teleconference via Zoom Webinar

<https://us02web.zoom.us/j/89944147729?pwd=CzOYi6rTdU1dQWuVONP2Quf5BwjTKM.1>

Webinar ID: 899 4414 7729

Passcode: 075660 Or Telephone: Dial (for higher quality, dial a number based on your current location): International numbers available:

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isis.rasmussen@kernrc.org



AGENDA

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| 1. Introduction | Tracey |
| 2. Ice Breaker Question | Open Discussion |
| <ul style="list-style-type: none">• What is your goal for 2025? | |
| 3. Grass Roots Day | Tracey |
| <ul style="list-style-type: none">• What is grass roots day?• What matters to you?• Questions/ comments | |
| 4. Upcoming events and future topics | Open Discussion |
| 5. Meeting Adjourned | Tracey |

Client Advisory Committee (CAC): Meeting Minutes

Facilitators: Tracey Mensch, Enrique Roman

Leadership Team Member(s) Present: Enrique Roman, Tomas Cubias

Languages Interpreted: Spanish, American Sign Language (ASL)

Platforms: In person and via ZOOM-Hybrid

Translated Documents: CAC Survey, BINGO Game Cards, November Meeting Minutes, December Agenda

Date: 12/17/2024

Number of attendees: in person at Bakersfield office- 15, in person at Bishop office via ZOOM- 4

Introductions were made by temporary CAC President Tracey Mensch and Kern Regional Center's (KRC) Executive Director Enrique Roman. Tracey Mensch introduced herself. She named some of her current roles, explaining one of her positions being Vice chair for the Association of Regional Center Agencies (ARCA). Enrique Roman explained ARCA as being the association that gives a voice to the 21 regional centers in Sacramento with the Department of Developmental Services (DDS). Tracey Mensch explained as chair she will use her voice both locally and statewide while reporting back to the CAC and KRC Board of Directors. She briefly shared one of the current biggest initiatives is housing and will be sharing more information about it in future meetings. Enrique Roman shared a goal for KRC and the CAC is being a space for individuals and their families that is open to comments and concerns.

Enrique Roman then introduced the new Director of Client Services, Omelia Trigueros, and the new Chief Equity Officer, Michael Cummings. Introductions followed by KRC leadership team members, agencies present, participants present in person and online. This meeting was also held at the KRC Bishop office, with those attendees joining via ZOOM.

The following discussions took place during the meeting:

- Discussions began with an ice breaker question, "If you could travel anywhere in the world, where would you go?" answers from participants varied from Paris, Hawaii, Spain, Mexico, Australia, Italy, New Zealand, Japan, Nepal, Switzerland, among others.
- The first topic in the agenda began, "Topic suggestions" for future CAC meetings. Tracey Mensch shared that the red sheets distributed to participants could be filled out if they had any suggestions for future meetings. Tracey Mensch then suggested an idea of bringing in different professionals to talk in the CAC meeting about different topics such as Social Security workshops, employment, and any other topics attendees would want to learn. Tracey Mensch emphasized if everyone present can fill out the survey, as everybody's input is important. Tracey Mensch stated the suggestion sheets would be collected by Tomas Cubias's team.

- Tracey Mensch asked participants if anybody had questions or needed clarification regarding their suggestions. Attendees via ZOOM in the Bishop office shared they are glad to be participating in today's meeting. Tracey Mensch emphasized everyone's opinion is valuable.
- The meeting was followed with an activity, attendees played a round of BINGO. Tracey Mensch read out the cards and the game followed throughout.
- Tracey Mensch asked attendees how they felt after the game of bingo and asked if they enjoyed it. Participants stated it was a fun and engaging experience.

Discussions Regarding the Ideas for Future CAC Meeting Topics:

- The following topic in the agenda was "Ideas of Topics/Ideas for Future Meetings". Tracey Mensch asked attendees about any suggestions regarding the meeting time, stating she is trying to find the best time that works for everyone.
 - Attendee stated 3PM works for them.
 - Attendee asked if 3PM would conflict with the time for the KRC Board of Directors meeting that occurs monthly. It was clarified by Enrique Roman that the Board of Directors meetings are held on the 4th Tuesday of the month and CAC meetings wanting to be held on the 3rd Tuesday of the month.
- Tracey Mensch thanked everybody for their input and concluded meetings will continue to be held at the same time, 3PM-5PM, at an announced date.

Comments/Questions:

- Tracey Mensch opened the floor for any further comments or suggestions from participants for the next CAC meeting, what was liked or disliked, or any other feedback they believe will make the next meeting better.
- An attendee stated it was a great meeting and was glad to see it also being held virtually for outlying areas to participate.
- Another attendee shared her suggestion of having discussions regarding changes and updates for 2025 due to the next meeting being in the beginning of 2025.
- An attendee shared the suggestion of speaking more about Home and Community Based Services (HCBS) and presenting about that topic.
- There were questions about having a summary of the suggestions made during this meeting and being topics for the next meeting. Tracey Mensch stated she will be looking into it. Tomas Cubias shared the Service Access and Equity (SAE) team was taking notes during this meeting and minute meetings are being done and will be posted along with the meeting agenda via the KRC website. KRC staff shared the upcoming meeting dates are being posted online on the KRC website as well as announcements on social media through Facebook and Instagram.
- Tracey Mensch suggested that for upcoming meetings participants can be shown how to navigate the KRC website and find events. An attendee asked if there is a specific section

on the website dedicated to the CAC meetings. Enrique Roman shared there are updates being completed in the KRC website, stated it is a good idea to have a section dedicated to the CAC and concluded it is also a good idea to have someone who can teach participants how to navigate the website.

- Tomas Cubias clarified the CAC meeting dates are being posted in social media and participants will be receiving information for the next meeting via email.
- Tracey Mensch asked what the best time in the month would be to meet for the next meeting. An attendee shared the idea that a week before the Board meeting would work to have new information ready for the upcoming monthly meeting. An attendee stated it would be best to keep it on a Tuesday or Wednesday. Enrique Roman shared the 21st of January, being the 3rd Tuesday of the month might work.
- Tracey Mensch asked if the date for January 21, 2025, would work best for everyone. Attendees both in person and online agreed that date works best for them.
- There were comments from attendees stating this CAC meeting had a greater turnout than last month's meeting and it seems to be going in the right direction.

Closing remarks were done by Tracey Mensch thanking everyone, both in person and online, for attending and wished Happy Holidays to all.

Facilitators: Next meeting date to be announced on the KRC website and social media.