

Client Advisory Committee (CAC) Meeting Agenda

September 16, 2025, from 3pm to 5pm Kern Regional Center Malibu Conference Room 3300 N. Sillect Avenue

or

Bakersfield, CA 93308

Teleconference via Zoom Webinar

https://us02web.zoom.us/j/85984599282?pwd=ZzKY22gGcoT30ZY74Z622b4467Epbb.1

Webinar ID: 859 8459 9282

Passcode: 499622

or on the phone: Dial (for higher quality, dial a number based on your current location): Available
International Numbers:

https://us02web.zoom.us/u/kdheNEiUZS

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative agenda formats and meeting-related materials and/or auxiliary aids/services to participate in the meeting should contact Access to Services and Equity at (661) 873-4575 or email

SAE@kernrc.org



Agenda

Welcome and introductions

Tracey Miller, Chair



Icebreaker question: What do you enjoy doing in your community and why?

Open discussion



CAC Chair's Report



Tracey Miller, Chair

Guest Speaker

Topic: Service Access and

Equity

Isis Rasmussen

Program Manager & **Cultural Specialist**

Activity / Game



Tracey Miller, Chair

Upcoming Events

Open Discussion

Closing Remarks

Tracey Miller, Chair



For questions or information on upcoming meetings please contact:







CAC Meeting

Facilitator (s): Tracey Miller, Chair

Leadership Member(s) Present: Isis Rasmussen, Program Manager & Cultural Specialist

Language Interpreted: Spanish

Platforms: In person and via Zoom-Hybrid

<u>Translated Documents</u>: CAC July Meeting Agenda

<u>Date</u>: August 12, 2025

Attendees: 9 individuals in person (including staff) and 5 online participants.

<u>Welcome and introductions:</u> The chair greeted everyone.

<u>Icebreaker question:</u> What is your favorite season?

Some participants shared that they enjoy winter and fall, appreciating the cooler weather and seasonal atmosphere. Others mentioned enjoying summer for activities like hiking, visiting lakes, and spending time at the beach. Football season was the favorite, described as fun, exciting, and unifying bringing people together regardless of the weather.

Chair report:

With the Legislature on summer break, the Chair will share CAC and housing-related updates and federal/state information at the next board meeting.

Presentation:

Emergency preparedness for the KRC Community, the emphasis on the need for personalized emergency plans, especially for those with medical or accessibility needs. They discussed using non-electric communication tools, registering for alerts like the ASN list, and building support networks.

Individuals ask if it is true that people from emergency programs will come to the house and let you know that there will be a power outage for those who have medical needs?

A participant shared that during extreme temperatures, he drinks plenty of water, starts his day early, and prepares meals that help with hydration, such as salads.

There was a conversation about the Blue Envelope Program, people seem unsure if the program is available locally.

An individual asks if there is an APP for the phone that can provide alerts.

A participant shared that she has suffered from epilepsy since the age of two and finds it challenging to carry her medication.

Additional resources mentioned by other attendees, Autism Society, the ARC, NAD, Easter Seals, Listos California (for Spanish speakers).

Announcements:

The Self-Determination Advisory meeting will be held in September. A board meeting will be held on August 26, 2025. All other events and information can be found on the KRC website. The date for the next CAC meeting will be announced on the KRC website and on our social media.